

WINTER 2019/20

DOLOMITES

experiences



HOTEL
GARDENA
GRÖDNERHOF

Gourmet Hotel & Spa



THE CHARM
OF WINTER



RELAIS &
CHATEAUX

THE BEST OF LIFE IN THE DOLOMITES



ENDLESSLY BEAUTIFUL

Spend lighthearted days in an incredibly charming setting. Our cordial welcome will make you feel at home from the very first moment. Here it is easy to achieve an overall sense of well-being and inner harmony.

This is the perfect place to spend the most wonderful days of the year. In winter, when the mountains are cloaked in snow, it is an excellent starting point for great experiences in the enchanting landscape of the Dolomites. Splendid ski slopes and ultra-modern lifts await Alpine skiing aficionados, while those who prefer to snowshoe through fairy-like landscapes will discover the more tranquil and romantic side of winter amidst the snowy hills and the surrounding forests.

The Gardena offers many ways to relax after days spent in close contact with nature. The new, one-of-a-kind spa proposes a unique wellness programme and a wide-ranging sensorial experience. In the fully-equipped fitness centre, our qualified instructor

will help you get back into shape, while having fun at the same time. Treat yourself to a wave of youth in the beauty farm and put yourself in the expert hands of our team of professionals for effective treatments with visible results.

The Gardena's award-winning cuisine is another source of great pride. The hotel restaurant as well as the Anna Stuben fine-dining restaurant offer exquisite, delicate dishes prepared with passion and expertise by our chefs and their teams, using top-quality ingredients.

At the end of your stay at the Gardena, you will take back home with you a deep sense of well-being thanks to the splendid landscape of the Dolomites and the cordial hospitality of this special place.

COMFORT

Living in style is an art that leaves nothing to chance. Elegant, incredibly welcoming atmospheres that combine great attention to detail and refined comfort. To enjoy a relaxing stay in the best way possible.

DELIGHTS OF THE PALATE

There is no greater pleasure than browsing a menu full of culinary delights, each more enticing than the last; whatever you will choose, it will surely be impeccable. There are pleasures that make our lives all the better and food is one of them. At the Gardena, we cultivate these pleasures with art and passion.

JOIE DE VIVRE

Joie de vivre is the spice of life. This is what is behind everything we do, and it is what pushes us to go further, making discoveries that are to be enjoyed to the fullest. It is also what motivates us to seek out the very best for our guests.



“ Our philosophy of hospitality is based on six fundamental elements. ”

VITALITY

It is known that physical well-being goes hand in hand with a healthy spirit: mens sana in corpore sano. The Gardena offers endless possibilities for staying in shape, taking part in sport outdoors as well as indoors thanks to the new fitness centre. But one can also just merely relax.

BEAUTY

Cosmetic treatments can help fight damage caused by stress and pollution, bringing out the splendour and beauty that result from inner harmony. At the Gardena, we offer a wide selection of relaxing beneficial treatments.

HARMONY

Inner harmony comes about when the body and spirit are in tune. To find this inner harmony, there are many methods that have proven to be effective over the centuries: from yoga, which allows us to truly get in touch with ourselves, to Ayurveda and various types of massage.



**A HOLIDAY
THAT IS ACTIVE AND
REINVIGORATING FOR
THE BODY AND SPIRIT**

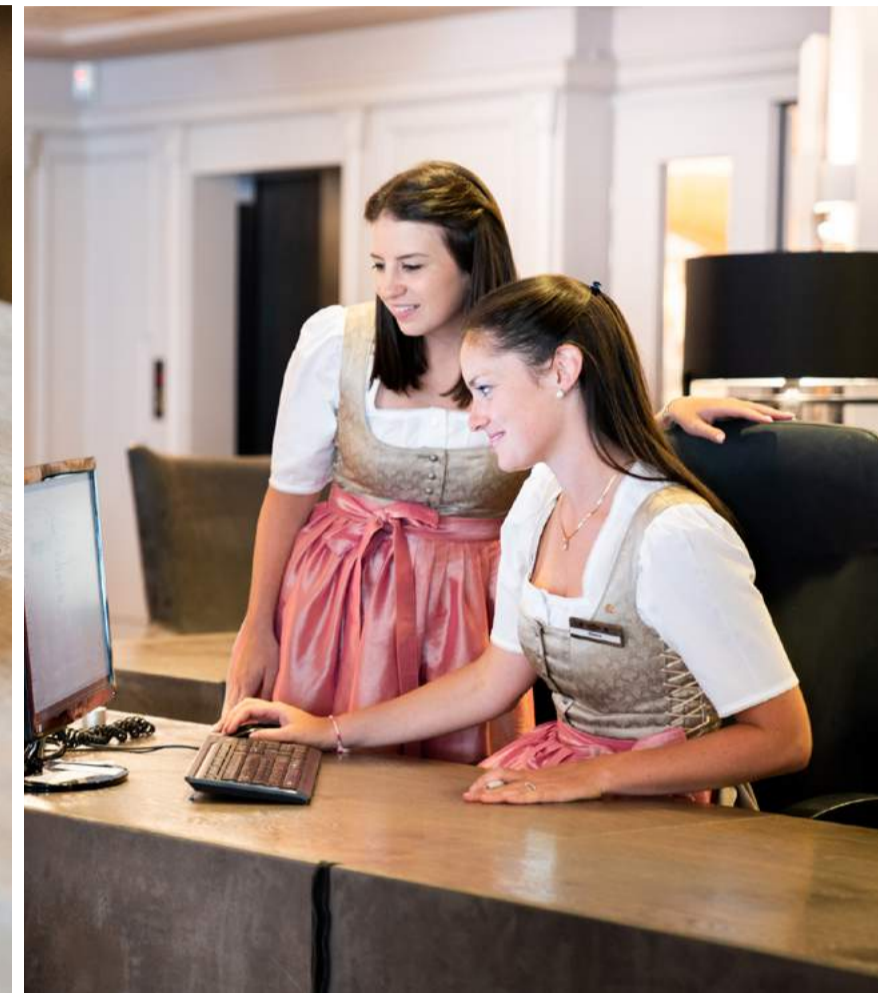
THE MAGIC OF A CHARMING AMBIENCE

The Gardena enchants from the very first moment, thus it is no surprise that its name is synonymous with the highest levels of comfort and all-round excellence. For us, hospitality is a tradition to be cultivated with care and passion.

The streamlined design and elegant furnishings of the hotel offer the greatest comfort. Boasting high-quality materials and extreme attention to detail, every area has a character of its own, creating a space where it is a pleasure to spend each and every moment of the day.

CORDIAL HOSPITALITY

Here the guest is king in the truest sense of the word. A stay at the Gardena will instill you with a sense of renewed vitality and total well-being.



WELCOMING ATMOSPHERE CHARME AND RELAXATION

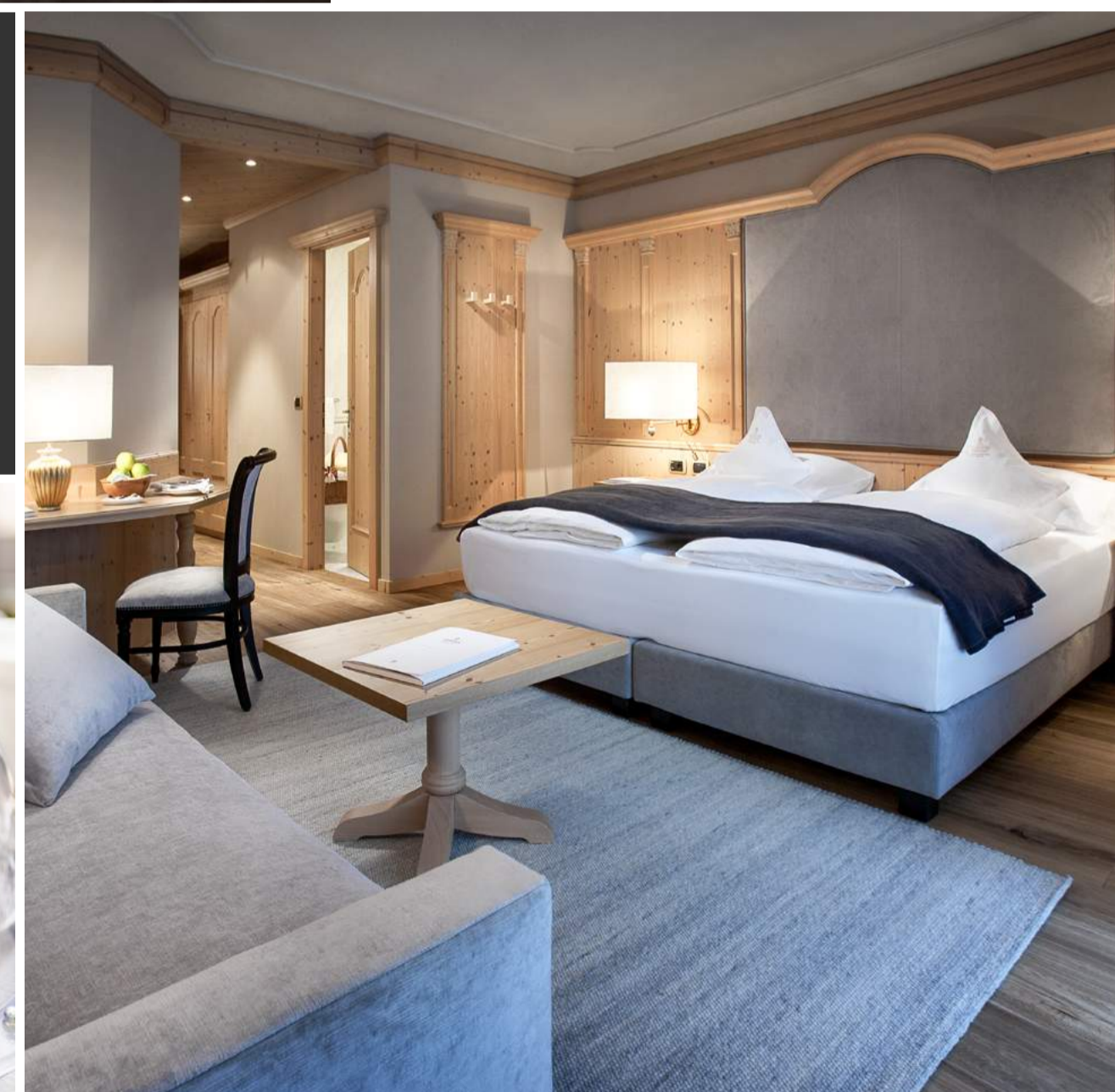
TIME TO DREAM

The spacious and comfortable rooms and suites convey a feeling of pure well-being, making this the perfect hotel for relaxing stays.

“ The future belongs to those who believe in the beauty of their dreams. ”
Eleanor Roosevelt

FEEL AT HOME FROM THE VERY FIRST MOMENT

A passion for hospitality and a sense of love and care that goes into the details: it is this special attention that makes the entire experience amazing!



NEW ENERGY AND VITALITY

Enjoy a wide range of beauty and wellness treatments.

Only the best for our guests: top products and treatments that have proven effective. Our beauty and wellness professionals will suggest the best treatments for your body and skin to produce tangible results.

MASSAGES

Releasing tension brings serenity back to the soul.

A massage carried out by an expert massage therapist helps loosen the muscles and increases blood supply. It would be our pleasure to recommend the massage best suited to your personal needs: Thai, Ayurvedic, La Stone, Tibetan or Aromatherapy massage.

GARDENA BEAUTY

12.01.20 - 02.02.20

Precious moments of well-being for relaxing and regenerating the body and the spirit.

- 1 Face & Body Experience
- 1 Première manicure
- Daily movement and relaxation program

PRICE PER PERSON € 225

This package can be booked for stays of at least 4 nights from Sunday to Thursday.

GARDENA NATURE

02.02.20 - 16.02.20 | 08.03.20 - 15.03.20

A few days to relax and regenerate. Energy and wellness according to old Alpine traditions.

- 1 mugo pine oil peeling and massage
- 1 hay bath
- 1 combination massage (plantar and back massage)
- Daily movement and relaxation program

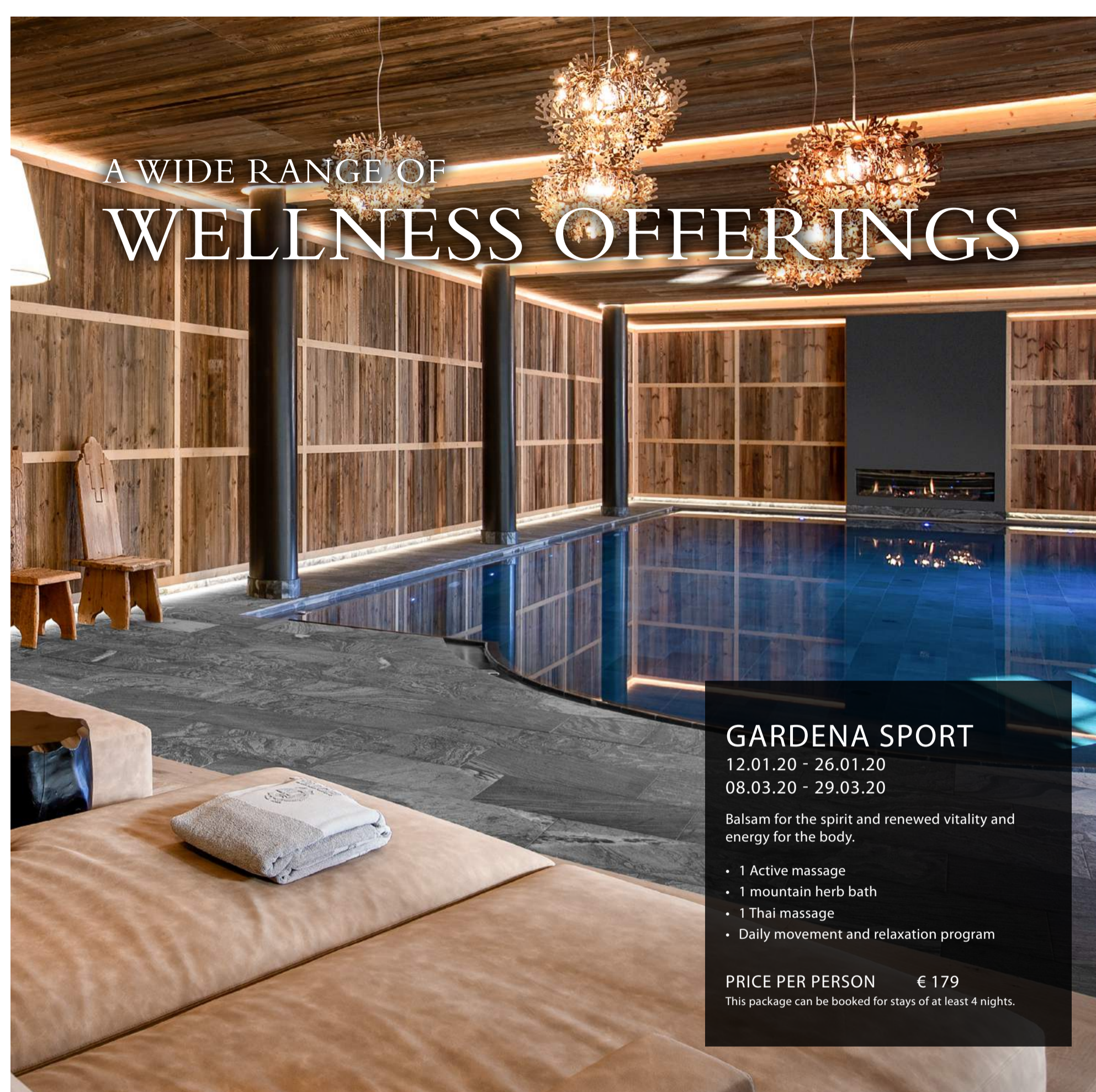
PRICE PER PERSON € 205

This package can be booked for stays of at least 4 nights.

“ Take care of your body so that your soul will inhabit it willingly. ”

Wilhelm von Humboldt

A WIDE RANGE OF WELLNESS OFFERINGS



GARDENA SPORT

12.01.20 - 26.01.20

08.03.20 - 29.03.20

Balsam for the spirit and renewed vitality and energy for the body.

- 1 Active massage
- 1 mountain herb bath
- 1 Thai massage
- Daily movement and relaxation program

PRICE PER PERSON € 179

This package can be booked for stays of at least 4 nights.



AN OASIS OF RELAXATION

Our splendid spa is a true oasis of serenity where you can relax in an extraordinarily pleasant atmosphere.

Our guests will discover an entire world dedicated to wellness and fitness, with a selection of saunas, steam baths, a ladies-only spa, a cold water pool and a large outdoor Jacuzzi. The post-sauna relaxation rooms are equipped with comfortable loungers, waterbeds, infrared chairs and floating beds, for a truly unique sensorial experience.



DISCOVER A WORLD OF FLAVOURS

Let yourself be tempted by our culinary delights. The hotel restaurant serves up traditional and international dishes reinterpreted with a modern twist and a touch of personal creativity.

From the breakfast buffet to the multiple-course dinner served in the evening, at the Gardena every dish is a feast for the eyes and the palate. Our reputedly excellent cuisine is another tradition that we've always maintained, garnering the Gardena a reputation among gourmets and connoisseurs.

Our cuisine features fresh, genuine ingredients – as local as possible that are transformed into exquisite creations with flavours that go beyond simple sensorial satisfaction, becoming a true taste experience. The chef and his brigade skilfully prepare delicious dishes each day that should be eaten and savoured slowly.

The thoughtful, attentive service is on par with the excellent cuisine, wines and atmosphere. The many international awards we've received testify to this excellence.

“Wine is the poetry of the land.”
Mario Soldati



ANNA STUBEN GOURMET RESTAURANT

A FEAST FOR THE EYES AND THE SENSES

Our Anna Stuben restaurant, which boasts numerous awards, has some of the best cuisine in the Dolomites.

Passion is the main ingredient in the artful cooking of our chef, Reimund Brunner, and that is what makes all of the difference, along with the freshest ingredients, preferably from the local area or region.

Having been awarded one Michelin star and three Gault & Millau toques, Anna Stuben enjoys well-deserved fame, attracting connoisseurs from all over the world. Reimund's irresistible creations, based on the highest quality ingredients combined with creativity and expertise, are presented along with wines that are equally exquisite, from among the hundreds of prestigious labels in our wine cellar.

A dinner at the Anna Stuben is a complete experience, to be remembered and repeated!



EXQUISITE CREATIONS THE TASTE OF QUALITY



TO SUCCESS THROUGH PASSION

Reimund Brunner, chef de cuisine at Anna Stuben, has turned his passion into a profession at the highest levels. His original and exquisite creations based mainly on local or regional ingredients have received accolades from the most important guides and international critics. At Reimund's table Slow Food becomes a form of art.



L'Espresso

THE CHARM OF WINTER

A PARADISE FOR SKIERS

The Gardena in Ortisei is an excellent base for discovering the Dolomites, one of the most enchanting Alpine regions as well as a UNESCO World Heritage site. Just 200 metres from the hotel is the cable car station for getting to the Alpe di Siusi, the largest high-altitude plateau in Europe, with its pleasant downhill slopes for speed-loving skiers and an excellent network of trails for those who prefer cross-country skiing.

Also close to the hotel is the ultra-modern tunnel with escalators which connect the town centre to the Seceda cable car station, taking skiers to the Gherdëina Skiring and the famous Sella Ronda ski circuit.

“ Snowflakes are one of nature's most fragile things, but just look what they can do when they stick together. ”

Vesta M. Kelly



GREAT SKI WEEKS

12.01.20 - 02.02.20

Great experiences for ski lovers in the snow-covered landscape of the Dolomites! (For adults and expert skiers.)

- 6-day Dolomiti Superski ski-pass
- 6 days (Sunday to Friday) of skiguiding with our ski instructor
- 6 days free rental of the latest ski models at the hotel rental centre
 - 1 Active massage
- Daily movement and relaxation program

PRICE PER PERSON € 450

This package can be booked for stays of at least 7 nights.

SKI ACADEMY

12.01.20 - 26.01.20

08.03.20 - 29.03.20

Customized, full-day ski tours. Scenic. Longest runs. Best technical support.

- The latest ski equipment (skis, boots, poles) individually selected by the ski instructor/coach and tailored to the specific needs and requirements of each participant
- 3 full-day ski tours (Mon, Tue, Wed)
- Professional coaching and guiding by **Roby Demetz**, one of the most experienced ski instructors/coaches in Val Gardena
 - Ital. Ski Team 1980-1986
 - US Pro Ski Tour 1990-1992
 - Full certified ski instructor and ski coach since 1990
 - Italian Demo Team member since 1991

PRICE PER PERSON € 280

A minimum of 6 participants is required.



SKIGUIDING IN THE DOLOMITES

You can focus on having fun: we will take care of all the rest. Upon your arrival, you will find your skis in the hotel's storage area. In addition to the ski rental (online as well), you will have at your disposal our ski service, the hotel's expert ski instructors and the opportunity to purchase your ski-pass right at the reception desk. Our ski instructor will be happy to take you on exciting ski slopes in the Dolomites.

Helpful tip: Don't forget to prepare your body for skiing with the right exercises. It doesn't take much, but it will make a big difference!

SKI, WELLNESS & GOURMET

02.02.20 - 16.02.20

Lots of sun and fun in the snow for fantastic winter vacations in the Dolomites. The extensive system of slopes in the Dolomiti Superski area, Gardena's excellent cuisine and wonderful wellness treatments will make your stay truly unforgettable.

- 1 six-course dinner at the Anna Stuben gourmet restaurant (1 Michelin star, 3 Gault Millau toques)
- 4 days of ski excursions with our ski instructor
- 6-day Dolomiti Superski ski-pass
- 6 days free rental of the latest ski models at the hotel rental centre
- 1 wellness bath of your choice
- 1 relaxing body massage
- Daily movement and relaxation program

PRICE PER PERSON € 670

This package can be booked for stays of at least 7 nights.



Excursions on snowshoes will reveal a fairy-tale landscape, far from the hustle and bustle of the slopes, in a magical silence broken only by the snow crunching under your feet. Our guide will teach you how to identify animal tracks in the snow without disturbing them: you'll feel as if you were nature's guest – a unique and exhilarating sensation!

Helpful tip: Take part in the fascinating excursions in the company of our expert guide who will make you discover splendid landscapes of rare natural beauty.

SNOWSHOEING IS A GREAT ALTERNATIVE TO SKIING

OTHER OPTIONS FOR A DREAM HOLIDAY

Everyone has his or her idea of what a dream holiday should be. For those who prefer privacy and independence but do not want to give up the comforts that make for a relaxing stay, the GARDENA CHALETS in Ortisei is the perfect choice. The ALPINA DOLOMITES LODGE, a Leading Hotel of the World on the enchanting Alpe di Siusi, is a one-of-a-kind destination, ideal for discerning guests looking for something truly special.

TWO DREAM DESTINATIONS IN A SINGLE VACATION GARDENA GRÖDNERHOF & ALPINA DOLOMITES

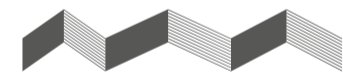
13.12.19 - 24.12.19 | 05.01.20 - 09.02.20 | 08.03.20 - 29.03.20

Take advantage of this truly unique opportunity to combine a stay at the Gardena Grödnerhof with one at the Alpina Dolomites. The seven-night package begins at the hotel of your choice: at the Gardena Grödnerhof, in the renowned Val Gardena, or at the Alpina Dolomites, on the charming Alpe di Siusi. You only have to decide where you prefer to stay the first few days (Sunday arrival and departure).

The offer includes:

- 4 nights (from Sunday to Thursday) with half board at the Gardena Grödnerhof or at the Alpina Dolomites
- 3 nights (from Thursday to Sunday) with half board at the Alpina Dolomites or at the Gardena Grödnerhof

We are always at your complete disposal to provide any and all additional information.



GARDENACHALETS
FEEL AT HOME IN THE DOLOMITES

Our exclusive apartments boasting every type of comfort are ideal for holidays where the utmost independence and privacy are priorities. The Gardena Chalets are located in the heart of the Dolomites and are still a stone's throw from the centre of the village.



I-39046 Ortisei • Val Gardena
Dolomites • South Tyrol
Tel.: +39 0471 796315 • info@gardena.it

WWW.GARDENA.IT



I-39046 Ortisei • Val Gardena
Dolomites • South Tyrol
Tel.: +39 0471 796315 • info@gardenachalets.it

WWW.GARDENACHALETS.IT



I-39040 Compatsch • Alpe di Siusi
Dolomites • South Tyrol
Tel.: +39 0471 796004 • info@alpinadolomites.it

WWW.ALPINADOLOMITES.IT

